

TRANSFER STUDENT CAREER DEVELOPMENT PLAN

WELCOME, TRANSFER STUDENTS!

The Office of Career Preparation and Professional Development can help ensure a smooth and successful transition to St. Joseph's College. Career counselors deliver personalized services and provide a framework to help you get the most from your college experience.

ENGAGE

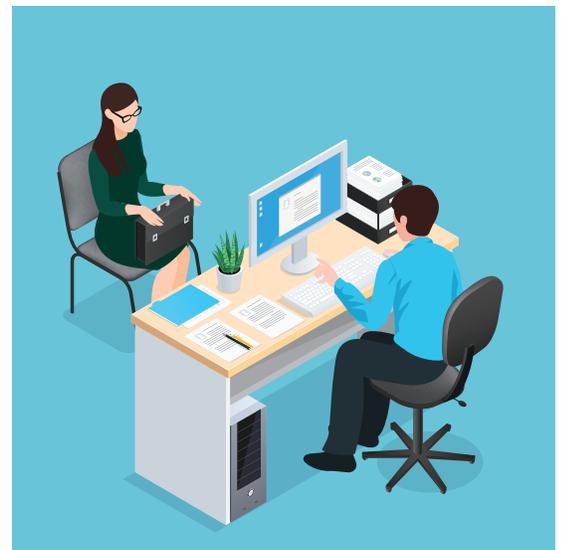
Develop an understanding of the College's mission as you immerse yourself in our community, and discover the many resources at St. Joseph's College.

- Prepare for success by utilizing such career resources as self-assessment, career exploration and guidance, goal setting and planning, résumé and cover letter writing, interview and internship preparation, graduate school guidance and job search strategies.
- Learn about majors, program requirements and course descriptions.
- Meet with your academic adviser regularly to ensure purposeful course planning.
- Academic tutoring helps maintain a high grade point average. Several on-campus resources provide academic support for all of your courses.
- Get involved by joining clubs and organizations, volunteering and taking on leadership roles.

ASSESS

Identify your interests, skills, abilities and values.

- Meet with a counselor in the office to help you explore your interests and abilities.
- Career assessments, such as the Strong Interest Inventory or the Myers-Briggs Type Indicator, are available to help improve self-awareness and career planning.



EXPLORE

Investigate career options that suit your skills and interests.

- Tools such as O*NET and the Occupational Outlook Handbook can help you in your research.
- Participate in job shadowing, informational interviewing, networking and internship opportunities.
- Research graduate schools and understand individual requirements.

DECIDE

Reassess your major. Create and align your career goals.

- Make an informed decision; meet with a counselor to discuss your goals and career options.
- Participate in volunteer opportunities, internships and jobs to help clarify and support your career plans.

PLAN

Develop a career action plan and take the steps necessary to attain your goals.

- Establish conceivable, believable, attainable, measurable and desirable short- and long-term goals.
- Include in your action plan the resources you'll need to achieve your short-term goals, a timeline and strategies to address any barriers.

EXPERIENCE

Your education provides a solid groundwork for skill development that is essential in today's job market. Experiential learning allows you to demonstrate and practice these skills in a workplace environment.

- Obtain internships, research opportunities and paid positions. Get involved in student activities and volunteer work.
- Learn about study abroad opportunities at the Office of Global Studies.
- Join professional affiliations and organizations, along with attending networking events.

FINAL THOUGHTS

Career development is a proactive and lifelong process that requires time and attention.

Your college major should reflect your unique interests, skills and values. It may provide a direct or indirect path to a career; many roads can lead to the same destination. Your college experiences can open paths previously unknown. The Office of Career Preparation and Professional Development is here to support you on your journey.



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